

YOUTH FOOTBALL & CHEER PARENT HANDBOOK

WWW.JRHORNETSFOOTBALL.COM

ENUMCLAW JR HORNETS

PURPOSE

This handbook sets forth the background, philosophy, objectives, policies, and codes of ethics for Enumclaw Jr. Hornets Youth Football and Cheer. It is intended to serve as a guide for all participating student/athletes, parents/guardians, coaches and administrators to follow in the course of their involvement with Enumclaw Jr. Hornets. The handbook will be updated on an annual basis.

ABOUT JR. HORNET YOUTH FOOTBALL AND CHEER

Enumclaw Jr. Hornet Youth Football & Cheer is one of ~10 competing organizations, which belong to the Narrows Youth Football League. NYFL is the governing body that sets playing rules, standards, and schedules for all the organizations that compete with each other during the Football and Cheer season. It also establishes the age and team size requirements to provide for the safety of the participants.

All Jr. Hornet Coaches and Board Members are dedicated to providing quality supervision and safety mindfulness while teaching the fundamentals of youth football and cheerleading in a positive environment.

We feel that the Jr. Hornets offer an unparalleled, positive & supportive environment in which our young athletes can learn about tackle football and cheerleading. It is our goal for them to have fun, to develop positive character traits, acquire skills and to strive for academic excellence.

JR. HORNETS MISSION

The mission of the Enumclaw Jr. Hornet Youth Football & Cheer organization is to provide a youth football and cheer program that instills the ideals of teamwork, good sportsmanship, self-esteem and respect. To teach athletes the fundamentals of their sport while focusing on safe practices. To encourage athletes to strive for both academic and athletic success while keeping the welfare of our youth first and entirely free of adult yearn for glory.

ELIGIBILITY POLICIES

Enumclaw Jr. Hornets is open to all children in grades 2nd, 3rd, 4th, 5th, 6th, 7th, and 8th, living within the Enumclaw School District.

Enumclaw Jr. Hornets offers equal sports play opportunity for all student/athletes regardless of race, creed, sex, economic status or ability.

All registration and equipment fees must be paid in full prior to training camp. This includes, but is not limited to current season fees as well as any past due balances from prior seasons.

Enumclaw Jr. Hornets reserves the right to restrict a player's involvement in practices and games due to academic issues, disciplinary problems, and/or delinquent payments.

BIRTH CERTIFICATES: New participants **MUST** provide an official copy of a birth certificate to verify age. Our insurance carrier and the league require this.

PROOF OF GRADE: All participants must provide proof of grade each year. Proof of grade may include an ASB card or report card. A participant will not be allowed to practice until proof of grade is on file.

PHYSICAL FORMS: All participants must have a physical exam be completed by an authorized physician every 2 years. All participants must have a current physical on file. Participants are encouraged to schedule their appointments ASAP. Doctors get very busy as back to school and the start of the fall sports season approaches. Sports physicals may be obtained from your family doctor. Participants are **NOT** allowed to practice without a completed physical on file. Please make sure that the doctor includes their complete contact information including the phone number.

CONCUSSION FORMS: All participants must have a current signed concussion form on file every year. Participants will not be allowed to practice until the form is on file.

MEDICAL: Parents/guardians are responsible for informing the coaches in writing of any special conditions that their student/athlete may have (e.g. asthma, allergies, etc.). Jr. Hornet coaches strongly encourage each player to start a daily conditioning routine at least two weeks before the first practice. Players and/or parents/guardians may contact the coaches at any time during the registration period to obtain guidance on recommended conditioning exercises. Student/athletes are required to immediately inform their coaches of any injury or condition which may affect their participation in a practice session, scrimmage, or game.

EQUIPMENT: Participants are responsible for purchasing their own equipment, uniforms, practice jersey, football shoes (black molded rubber cleats only), cheer shoes, mouthpiece, and protective cup. Optional items may include gloves or supplemental pads. Athletes can purchase select items on football equipment fitting day through our equipment representatives, or for Cheer on Cheer uniform fitting day.

PRACTICE: It is important for every athlete to make every practice if possible. Both football and cheerleading are team sports requiring group effort to perform at their best. If an athlete misses a practice the whole team misses an opportunity to further their skills, since they must function as a unit. Each Head Coach will set specific attendance rules and sanctions. **Missing practice for an unexcused reason may affect playing time.** If an athlete must miss a practice due to illness or an emergency, please contact the Head Coach or Team Mom as soon as possible. Practices will be held Monday –Thursday 6-8pm at either Thunder Mt Middle School Fields or Enumclaw Middle School Fields, before school starts. After the school year begins, practices will be held Tuesday-Thursday 6-8 at Thunder Mountain Middle School Fields or Enumclaw Middle School Fields. Times may change due to lack of daylight. Dogs and tobacco products (including cigarettes, chew, and vaping) are not allowed on any Enumclaw School District field.

NARROWS YOUTH FOOTBALL LEAGUE

The Narrows Youth Football league was re-formulated with many new teams in 2012. We begin play in late August and teams start practicing in August. All of our organizations are feeder teams for their associated high school teams.

TEAMS

Puyallup Big Blue Rams	Lakewood Lancers
GK Eagles	UP Vikings
Gig Harbor Tides	Jr Jags
Pennisula Seahawks	Lincoln Abes
Bethel Braves	Jr Hornets

LOCATIONS

Pete's Pool Stadium	SE 448th & 288th Ave SE Enumclaw, WA 98022
Rogers HS	12801 86th Ave E Puyallup, WA 98373
Art Crate Field	22215 38th Ave E Spanaway, WA 98387
Curtis HS	8425 40th St W University Place , WA 98464
Harry Lang Stadium	6701 111th St. SW Lakewood, WA 98499
Jaguar Field- Emerald Ridge HS	12405 184th St E Puyallup, WA 98418
Lincoln Stadium	701 S 37th St Tacoma, WA 98418
Pennisula HS	14105 Purdy Ln NW Gig Harbor, WA 98418

GAMES: Games will be held on Saturday's beginning the third week in August. Away games will be played at Tacoma area schools. Home games will be played at Pete's Pool Stadium. In the event of a scheduling conflict, families will be notified of changes as soon as possible. Athletes should arrive 1 hour before game time.

CODE OF CONDUCT

PARTICIPANTS: As a JR HORNETS participant, you represent the Enumclaw Jr Hornets on and off the field. All members will refrain from unsportsmanlike behavior and foul language. Team members will treat each other, the Coaching Staff, referees, and representatives of the Jr. Hornets, and opposing teams with respect at all times. Any use of drugs, alcohol, tobacco, illegal substances or school suspensions will be grounds for automatic dismissal or other disciplinary actions, as determined by the Executive Board of the Jr. Hornets. The Jr. Hornets Code of Conduct and subsequent consequences apply on and off the playing field. **Participants must sign the player code of conduct form in order to participate in any Jr. Hornet activities (including, but not limited to, practices and games).**

PARENTS: Parents are responsible for their children before, during, and after practices and games. Athletes should arrive shortly before practice begins and be picked up immediately at the end of practice. Parents are encouraged to attend the entire practice. Questions or comments for the coaches should be conducted privately, in writing, outside of practice, and in a positive manner. Forms can be found on our website, www.jrhornetfootball.com. Parents are not allowed on the field, or on the sidelines during games, unless performing approved volunteer duties. If performing volunteer duties near the field, such as “chain gang”, it is against league rules to “coach” any active players on the field in any way. Sportsmanlike conduct should be shown towards all players, coaches and officials. Tobacco, alcohol and drug use is absolutely prohibited at all Jr. Hornets practices, games, or any Jr. Hornet activities. All family members are expected to be respectful to each other, families from opposing teams, all referees, and all representatives of the Jr. Hornets (including Team Mom’s, coaches, and board members), and our league partners. **Parents must sign the code of conduct form in order for participants to participate in any Jr. Hornet activities (including, but not limited to, practices and games).**

The support of parent(s) and participants, and their families, is essential to the success of any youth program. This includes respecting each other and supporting our kids as they pursue their football and cheerleading goals. The Jr. Hornet Code of Conduct was established to ensure that all Jr. Hornet parents and players are clear on their roles, responsibilities, and expectations of them as a participant in the program. The Code of Conduct does not cover every issue that may arise, but sets out basic principles to help guide all of us in the attainment of this common goal. The organization’s reputation is upheld and enhanced, or diminished, by each person’s decisions, actions, and level of respect for one another.

Please note that violation of the Code of Conduct could result in your child and/or family being removed from the practice/game field, and could ultimately result in expulsion from the Jr. Hornets.

VOLUNTEERING

Enumclaw Jr Hornets is a Parent-Cooperative organization, so you’re not only signing up your child, you are signing yourself up, too! As parents of a Jr. Hornet athlete, you make everything possible. Because the Jr. Hornets is *completely* run by volunteers, without your cooperative efforts we could not continue to offer such a high-quality experience for your children. Parent volunteers are needed every Saturday, both for Home games and when we are Visitors! From admission gates to chain gang crew to working the snack bar, there are plenty of areas where we need your help to make football Saturdays a great experience for everyone. **Each family is required to volunteer up to 4 shifts per athlete, per season, but no more than 5 shifts per family per season at the games.** Because Coaches and Team Moms already put in so much extra time on behalf of all of our children, their families are only required to do ½ of the required shifts (2 shifts). A required \$150 deposit check will be collected at equipment fitting day to ensure volunteer duties are spread evenly through the season. Sign-ups for volunteer duties will happen on-line. You will receive emails regarding volunteer opportunities before and during the season. You can also contact your Team Mom or a Jr. Hornet Board Member for information on volunteering. If you fulfilled your volunteer obligations, at the end of the season you may decide the disposition of your check. You may choose to donate it to the Jr. Hornets (as a tax deductible donation), you may have your check returned to you, or have your check destroyed.

COACHES

COACHES: All coaches are required to submit a coaching application and complete an interview process with the Executive Board. After completion of this process, the Executive Board will make their coaching selection. All coaches will have a concussion awareness training and will be Heads Up Certified. All coaches are also subject to a criminal background check. All Head Coaches will have a copy of the NYFL By-laws.

JR HORNETS BUDGET

Enumclaw Jr Hornets is a non-profit 501(C)3 and our budget is based on a zero-balance plan. In other words, only enough money is taken in on an annual basis to offset the cost of the program. Although a small surplus is desirable, it is not the intention of the Board to manage the annual budget in order to have a large balance at year-end.

Income: The combination of donations, participant fees, fundraising events, merchandise sales, gate fees, game raffles and snack-shack sales all produce the revenues that offset the various costs of the program.

Another important area of income is donations in the form of money, time or services. In addition to our sponsors, parents and friends of the Jr Hornets can also support the organization by making a small donation by sponsoring an area of need in the budget. Purchasing Jr Hornets merchandise brings in some revenue for the organization and allows you to show your Jr. Hornets Pride.

Expenses: Areas of cost revolve around equipping our football and cheer athletes in a safe manner. There are also mandatory fees and obligations to NYFL. Game day costs include snack shack supplies, field use, and game programs. Administrative costs and insurance, paid by the Jr. Hornets, round out the annual expenses.

QUESTIONS??

CONTACT: www.jrhornetfootball.com jrhornetfootball@gmail.com

Executive Board

Mark Gunderson—Chairman of the Board Ragan Pierce— Past President Karrie Hildebrand— President
Kateri Donovan—Vice President Nancy Sauber—Secretary Jolene Miller—Treasurer James Leonard—Athletic Director

The “Champions Creed”

Champions get up one more time than they have been knocked down.

Champions give their all, no matter the score.

Champions do what is right, even when it hurts.

Champions know winning is not necessarily measured by the final score.

Champions take a stand for what is right, even when they stand alone.

Champions see every challenge as an opportunity.

Champions make those around them better.

Champions do the right thing, even when no one is watching.

Champions dedicate themselves to prepare for success.

Champions put the success of others above individual achievement.

Champions understand winning is not the only thing.

Champions live by a higher personal standard.

Champions stand firm when others around them fall.

Champions live by what they speak and speak what they live.

Champions lay down their own desires for the benefit of others.

Champions willingly accept responsibility, and graciously deflect honor.

Champions never sacrifice what is best for something good.

Champions may fail...but they never quit.

I have read and understand my responsibilities and obligations as a Jr. Hornet family participant. I will conduct myself according to the rules and policies set forth by the Jr. Hornet organization. I understand that if I don't follow these rules, I may be asked to leave a practice or game, and if the negative conduct continues, my child may be suspended from further participation with the Jr. Hornets. I also understand that I am signing this as the representative for my family, and that all family members (spouse, grandparents, etc.) will be held by these same rules.

Full Name: _____

Signature: _____

Child(ren)'s Name(s): _____

Team(s): _____

Date: _____